



4.2.2021

## Virtual School Guide for Parents

#### Establish a Routine

Establish a structured routine to follow on a daily basis. Provide a consistent schedule and expectations for time to work, time to play, and time for family



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#### Ask for Support

Contact your child's teachers or tech support if you have questions or need help

### Create a Learning Space

Find a comfortable and quiet learning space

### Assess and Adapt

Be aware that this is a new environment for students and check in from time to time on how they are feeling

#### Offset 0:00 Screen time

Pay attention to how much screen time your child has and try to balance it as much as possible with other activities

# Maintain

Help your child maintain a Healthy, Active, Balanced life during virtual school

# a Balance

Stay

Connected Help your child find ways to stay connected virtually with friends and classmates.

#### Talk about the Learning

Talk to your children about their learning, ask questions about the content and reflect on the learning process





Talk to other parents who also have children in virtual school





This week we have been ending the day at 2:00pm to allow some 'no screen time' and to allow families to focus on mental health.

- Has this benefited you as a family?
- Have you found that time useful?

We are constantly changing our remote offer to meet the needs of our community. We need to provide x3 hours of learning a day so we are happy to continue to finish the day at 2:00pm with an hour set aside for mental health activities, crafting, outdoor activities, etc.

Feedback would be very much welcomed.

A register of pupil engagement is being taken each day by the class teachers. There will be a weekly raffle starting from 5th February for those children who are engaging daily with the learning.

The winners will be sent a £10 voucher for Amazon.

These will take place each Friday until we are back in school. It isn't too late to start home learning.

Good luck!





72% of the school engaged in some form of learning last Wednesday. This is the highest figure to date. Thank you to all of those parents who are supporting their child/ren to continue learning during the school closures.